





# Marathon INFOMATION

Thank you for applying for the Kitakyushu Marathon 2024.

Please read this "Participation Information" carefully before visiting.

We look forward to your visit.

#### Final decision to hold the tournament

If the tournament is canceled due to bad weather or disaster, we will notify you by the following method.

Announcement method/HP
Announcement / February18,am5



inquiry

[Phone] Kitakyushu Marathon Call Center

**🖀** 093-531-2515

[Mail]

toiawase@kitakyushu-marathon.jp

\*\*Please refrain from making inquiries by phone

# © Event Schedule

### Runner recepition

February17 (Sat)	9:00~20:00	Runner recepition	West Japan General Exhibition Center [new hole 1st floor]
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#### On the day

February18 (Sun)	6:30	Start area open		
		Changing room		
	7:00	Baggage storage start	Argund kitakaraha Cita Hall	
	8:00	Start blocks line up	Around kitakyushu City Hall	
	8:45	Start blocks close		
	9:00	Starrt		
	13:00	Marathon awards ceremony	West Japan General Exhibition Center [New hole] EXPO Stage	
	15:00	Event end(Time limit)	Course	

<sup>\*</sup> No registration will be accepted on the day of the tournament.

#### EXPO

February16(Fri)	17:00~19:00		Booths by supporting companies etc.		
February17(Sat)	9:00~19:00	West Japan General Exhibition Center[new hole 1st floor]	will be held at the above times.It will be exhibited.Fun for everyone, not just		
February18(Sun)	9:00~16:00		runnersreceive.		

# **©Map**

Please refrain from bringing your own car to the venue or arriving by chartered bus.



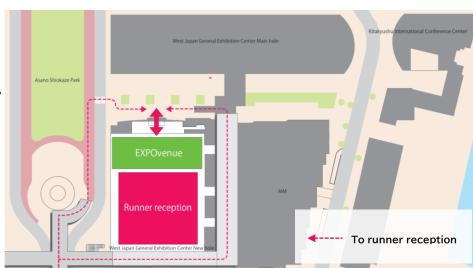
# ©Runner reception



#### February17(Sat) 9:00~20:00



West Japan General Exhibition Center. new hole 1st floor



### What to bring

# Athlete bibs exchange slip(either on a smartphone, tablet, etc. screen, or printed paper)

٥r



#### WEB exchange slip (either on a smartphone, tablet)

Please display the exchange slip and present it at the reception.



#### printed paper

A printed version of the WEB exchange slip. Items that can read QR codes and written contents.

> Please use it to protect yourself from

the cold even on

after the start.

sunny days.Because it helps prevent

hypothermia, Please

keep it with you even

#### Runner reception process

# Athlete bibs exchange

- · Go to the exchange counter appropriate for your athlete bibs. Present the exchange slip and receive the athlete bibs set.please. Athlete bibs.
- · Measuring chips, baggage bags, and baggage stickersPlease remember to bring it with you on
- · the day of the tournament.

# Receive reception bags etc.

· Please bring your athlete bibs to the pick-up counter.

# **EXPO** venue

This is an exhibition booth event sponsored

by the tournament's official sponsors. Anyone can enter.

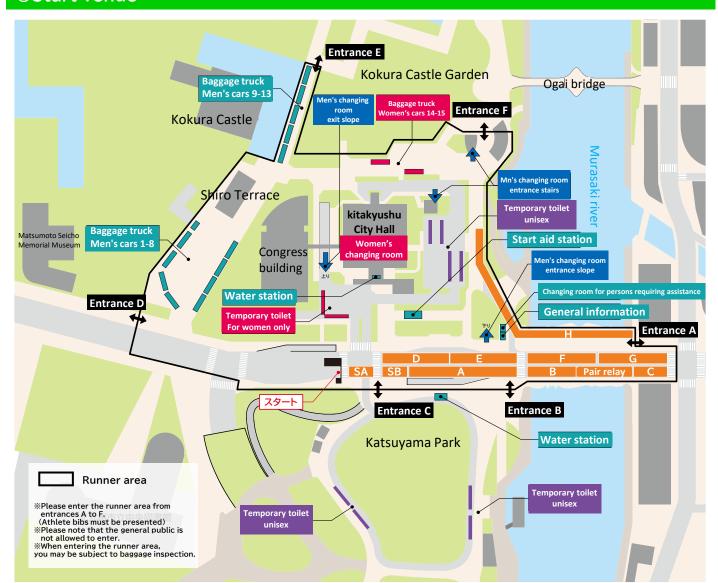
#### Purchasers of "tournament original T-shirts"

Please bring your athlete bibs to the pick-up counter.

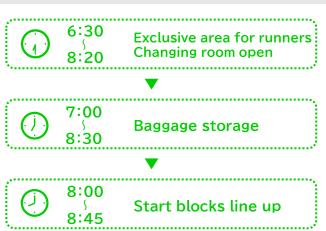
**XSize** cannot be changed.

#### Items handed out at runner reception

#### reception bags set Athlete bibs set ② baggage 1) Athlete bibs 3 Umbrella ① baggage bag 2 cold 12345 16 sticker storage tag protection 50cm スポンサーロゴスベース poncho 12345 @Timing chip(return) 12345 Collected after the race 70cm Check your **6**vinyl tie ⑤pin Only items that fit in baggagetruck Start brocks this bag can be number deposited. 🗇 sash ( The two-person 3 advertising Please wear it on your chest. marathon relay only) flyer



#### Start schedule



8:45 Start blocks close

9:00 Start

# Start area

#### In front of Kitakyushu City Hall

(1-1 Jonai, Kokura Kita Ward, Kitakyushu City)

- •15 minutes walk from JR Kokura Station, 10 minutes walk from Nishi-Kokura Station
- \*The station platform is expected to be crowded on that day. Please use JR Kokura Station if possible.
- ●10 minutes walk from monorail Heiwadori Station and Tanga Station.

#### Lost item

Items left at the start venue will not be delivered to the finish venue. Kitakyushu Marathon Executive Committee Secretariat from the next day onward.(International Sports Tournament Promotion Office, 2nd floor, Kitakyushu City Hall, 1-1 Jonai, Kokurakita-ku, Kitakyushu-shi, 803-8501, Japan), or we will send it to you by cash on delivery. For inquiries, please contact the call center (TEL: 093-531-2515) from the next day onward.

#### **Toilet**

Crowds are expected depending on the time of day. Please use it with plenty of time. Approximately 10 temporary toilets have been installed every 1km from the start to 5km.

# Before the race (on the morning of the day)

#### Things necessary

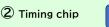
# 1) Athlete bibs



# Athlete bibs front



# Athlete bibs back





# 3 baggage bag (Paste baggage stickers)



# 4 Umbrella storage tag

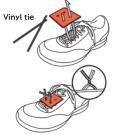


# **5**sash

(The two-person marathon relay only)

- Failure to wear athlete bibs will result in disqualification. Please wear it so that it is visible at all times.
- The first runner in the two-person marathon relay should wear athlete bibs with the number ending in number 1 (C000-1), and the second runner should wear number 2 (C000-2).
- Please be sure to fill in all the required information on the back side. Please be sure to enter the contact information of someone other than yourself, such as a family member, in the "Emergency Contact" field so that we can respond promptly in the event of an emergency.
- Athlete bibs will not be reissued.

## Timing chip



#### How to wear

The enclosed vinyl tie after lacing the shoe Pass it through the hole in the measuring chip 2 Attach the end of the vinyl tie as shown on the left. Twist the measuring tip so that Fix it

firmly. Timing chips are important for measuring runners' records, be sure to attach it securely to your shoes.

XIn the following cases, the record cannot be measured and a web completion certificate cannot be issued.

- ·If you forget or forget
- ·If you run with it in your hand or in your pocket
- ·If it is bent or folded
- Please do not wear any measurement chip other than this one. Recording will not be possible if they are installed multiple times.
- Timing chips will not be reissued.
- The Timing chips will be collected. Please return it to the collection box at the timing chip collection location at the finish venue (see page 7). If you lose your chip, you will be responsible for the actual cost (¥300).
- ●If you do not run after receiving the ticket, please return it.

The day before: Help desk On the day: General information At a later date: Kitakyushu Marathon Office

#### Changing room

6:30~8:20

[Men] Katsuyama Park underground parking lot, 1st and 2nd floors underground

[Women] Kitakyushu City Hall 1st and 3rd floors

\*A cold weather poncho can be worn anytime when it gets cold. Please carry it with you while driving.

- Do not leave luggage or trash in the changing room.
- •During peak hours after 7:30, the baggage storage and restrooms will be crowded, so please leave plenty of time use the changing rooms.

#### Baggage storage

(1) 7:00~8:30

**\*Baggage cannot be checked** in after the above time.

**P4** Map

P4

Map

[Men(Marathon, the two-person marathon relay fst runner)] Kokura Castle "Shiro Terrace" area

[Women (Marathon, the two-person marathon relay fst runner)] Kitakyushu City Hall, near Kokura Castle garden side entrance

- •Please leave your luggage in the baggage truck with the number printed on your athlete bibs and baggage sticker.
- •Please put your baggage in the "baggage bag" given to you at reception. We will only accept items that fit into the baggage bag. We cannot accept luggage that protrudes from the baggage bag, such as carry-on bags.
- •Please make sure to tie the bag tightly when leaving your baggage
- •We cannot store valuables, fragile items, or perishable items.
- Please securely attach the "umbrella storage tag" to the base of the umbrella handle.

#### Baggage return location

West Japan General Exhibition Hall New Building 1F (Finish venue)

The baggage storage for the two-person marathon relay runner is also available at the same location.

Start blocks line up 4 8:00~8:45

**P4** Map

- •Please line up in the designated blocks of lphabets SA-H listed on your athlete bibs by 8:45.
- ●We will close the block at 8:45. Runners who do not arrive in time for the closing time will start from the back block. Please follow the instructions of the staff.
- ●If you are not on time for the 9:00 start time, you will not be able to run.
- •You cannot start from a block other than the specified block, but as an exception you can start from a block after the specified block.
- ●The first runner in the two-person marathon relay will start from the Pair Relay block in front of Block C.

# Ouring the race

#### Couse

- The course has colored cones for regulation. Runners should be careful not to run outside the green cone that marks the running route.
  - ·Green cone(For couse)
  - Red cone (For vehicle regulation)
  - ·Yellow cone( For emergency vehicle passage )



Important! Passage and entry of emergency vehicles

Emergency vehicles may be required to drive or cross the course during the competition. In this case, please follow the instructions of race officials and staff to immediately stop running and give priority to emergency vehicles. \*\*Lost time during competition suspension cannot be reflected.

\*\*Total competition suspension s in record measurements.

#### Pace runner

Pace runners will run the course with the goals of each time listed below.

The landmarks are yellow bibs, hats, and balloons. 2 hours 50 minutes / 3 hours / 3 and a half hours / 4 hours /4 and a half hours / 5 hours / 5 and a half hours / 6 hours

#### Distance display

Distance is displayed every 1 km and at intermediate points. Also, from 5km remaining, the remaining distance will be displayed in 1km increments.

#### Toilet

- Temporary toilets are installed at various locations along the course (approximately every 1 to 2 km).
- There are signboards on the course, so please be sure to use the designated areas. Please do not use restrooms at roadside stores, etc.

#### Aid station(water·food)

- •Aid stations will be set up on the course after 5km.
- Please do not take more than necessary and eat the entire food provided.
- Please prepare your own if necessary.
- Please be sure to dispose of any trash generated at each aid station in the trash cans located nearby.
- Please do not throw away leftover food or drink on the road.

#### Barrier

- Ten "barrier" will be set up along the marathon course for race management purposes.
- A closing time is set, and if you are unable to pass the barrier by that time, you will be disqualified.
- The first aid station attached to the barrier gate and temporary toilets were closed while people were using them. Even if you reach the specified time, you will be disqualified and will not be able to continue the competition.
- Even if you are halfway through the course, if the organizer determines that it will be difficult to reach the next barrier within the closing time, the competition will be canceled.

# First aid station

- First-aid stations will be set up at the start and finish venues and at the checkpoints after 8km on the course. At the first-aid ``saving lives'' is stations along the course, our top priority.
  - \*Each first aid station will only provide first aid for injuries sustained during the competition.
  - \*Recovery treatments such as anti-inflammatory sprays, compresses, and taping will not be performed. If you need it, please prepare it yourself in advance.
  - ※There are no household medicines (gastrointestinal) medicines, cold medicines, etc.)
  - \*A care station is set up at the finish venue. If you would like aftercare, please use the care station.

#### If you withdraw during the competition

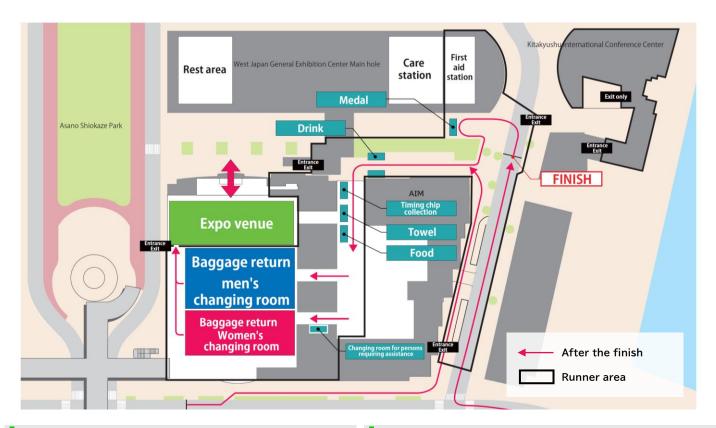
- Please inform the staff on the course that you are discontinuing and go up to the sidewalk.
- •If you withdraw, please move to the finish venue using the following method. \*Please do not remove the athlete bibs.
  - Please head to the nearest containment gate and board the containment bus.
- 2 Please wait at the location where you abandoned your session and board the last accommodation bus.

# Other notes

- Please be sure to have sufficient training and be in good physical condition before participating.
- XIf you feel unwell before or during the race, please feel free to request to withdraw.
- During the tournament, please follow the instructions of the staff
- •If a doctor, nurse, race official, etc. determines that it is difficult to continue the competition during the competition. the competition will be canceled according to their instructions
- •Participants in the registered category must wear clothing appropriate for competitors. No disguises of any kind are permitted
- Participants wearing costumes or items inappropriate for a sporting event will not be allowed to run.
- •Running with small children, pushing a stroller, or pets are not allowed.
- If you suddenly change course or suddenly stop when reserving water or eating a meal. It's very dangerous. Please keep a safe distance from other runners, especially near the start and finish points
- In addition, please observe the minimum etiquette as a runner when participating in the tournament.
- On the day of the tournament, congestion is expected in all areas, including transportation and the venue. Please arrive with plenty of time to spare. Traffic congestion is also expected. Please refrain from using your own car.
- ●If you find a suspicious object or person, please contact tournament staff immediately.
- •It is prohibited to bring in, operate, or fly drones or similar unmanned aircraft.

#### Tournament participant insurance

•In this event, all participating runners will be insured against injuries and illnesses incurred while participating in the event.



#### Flow after finishing

2 Drink	
3 Timing chip collecti	ion
4 Towel	
5 Food	
6 Baggage return	
7 Changing clothes	
8 EXPOvenue	
CS Care station	

#### Awards

●Marathon men and women 1st to 8th place Comprehensive

**2**Marathon age group

1st to 3rd place for men and women in age category (24 years old and under, 25 years old to 29 years old, 5-year increments up to 74 years old, 75 years old and over)

**❸**Two-person marathon relay

Awards will be given to 1st to 3rd place in each pair category (male pair, female pair, male-female pair).

- The award ceremony will be held on the EXPO venue stage from 13:00 on the day.
- ※2~3:There will be no award ceremony and the award certificates will be mailed at a latter date.

#### Finisher medal

- Supervised by Leiji Matsumoto, a manga artist from Kitakyushu City
- The strap uses Kokura-ori, a modern reproduction of the Edo period weaving. looking forward to!

#### Care station

- •After the finish, you can receive free taping and judo therapy treatments.
  - \* For runners only. Not available to the general public.

#### WEB Certificate of completion

- ◆A "WEB completion certificate" can be issued from your smartphone or computer immediately after finishing the race.
  - Completion certificates (completion record certificates) will not be mailed at a later date.
  - ※It can be issued a few minutes after finishing.
    ※The times and rankings displayed on the web completion certificate on the day are preliminary reports (reference records).

## 

Please use it to support your friends and family, or to look back on your own race.

\*Please see the tournament homepage for details on the following web services.

\*We may not be able to provide the service depending on communication conditions.

#### Runners update



Split time every 5km, Breaking news on finish timeCan be confirmed

#### ouennavi



A service that allows you to check the location information of runners predicted from measurement data on a map

Enter the number or name of the runner you want to support and select it to display predicted information on the course. Up to 4 runners can be displayed at the same time. To add and display 5 or more people at the same time, you need to register for premium service (app version only)

### Toplast location information

This service allows you to check the location information of the first and last runners on a map.

## ©Related events

#### carnivorous dinosaur festival

The nationally popular Tyrannosaurus race appears at Asano Shiokaze Park!

February17(Sat),18(Sun) | Place | Asano Shiokaze

Park

Program

17(Sat) 14:00~17:00

Carnivore Cosplay Marathon,

Carnivore Cosplay Contest

18(Sun) 10:00~17:00

Tyrannosaurus Race,

Kitakyushu Marathon Support Festival

Operation

Carnivorous Dinosaur Festival Executive Committee

# Wakamatsu Gourmet EXPO2024

A large gathering of kitchen trucks operating mainly in Wakamatsu Ward, including attractive shops that use ingredients from Wakamatsu, Kitakyushu City!

Date|

February17(Sat),18(Sun) 10:00~17:00

場所

Asano Shiokaze Park



Hibiki Marinear Project



# Weather data for the past three years (February18)

Year	Temperature(℃)			Precipitation (m/m)	Wind speed(m/s)		
	Average	Lowest	Highest	Total	Average	Maximum	Maximum moment
2021	1.0	-1.4	2.8	1.0	3.8	6.6	13.1
2022	4.3	-0.3	8.5	0.0	2.3	5.4	13.5
2023	13.4	9.4	16.0	7.0	3.8	8.3	14.0

Please prepare your own rain and cold protection (gloves, hat, long tights, arm warmers, etc.).

Please keep the cold-weather poncho you will receive at the runner reception desk with you during your run so that you can wear it whenever it gets cold.

# Information in case of disaster

In preparation for sudden changes in weather or emergencies, check disaster information during normal times.Let's do it. The latest disaster information for Kitakyushu City is provided through the app on the left and the URL below. Please download, access, and take advantage of it.

# Disaster prevention information Kitakyushu

https://www.kitakyushu-bousai.jp/bousai/kitakyushu.html



#### Kitakyushu City disaster prevention app "Hazardon"

(iOS)

https://apps.apple.com/us/app/hazardon/id1366092460?l=ia&ls=1

(Android)

https://play.google.com/store/apps/details?id=ip.co.arcadia.hazardon

(iOS)



(Android)

